

It's time for the Annual **Praada Academy Schools** Walk-A-Thon!

First Name: _____ Last Name: _____

I plan to bike and/or walk at least _____ miles for Praada Academy.

Dear Potential Sponsor,

I am participating in the **PraadaAcademy/Sonje Yo Walk-A-Thon**. All proceeds will help fund our programs for kids targeting childhood obesity. You can sponsor me for an amount per mile and can name a maximum amount that you are willing to contribute. After the event, I will return to tell you how many miles I walked and collect your contribution. Make checks out to Praada Academy. All contributions are tax-deductible.

Thank you!

	Name of Sponsor	Pledge per lap (Example: \$5.00)	Max Pledge	Amount Collected from Sponsor	Sponsor Phone/ E-mail
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					

Participants:

To reach our goal, we hope that each participant finds at least ten sponsors.

Please bring this form to your St. Andrews Park on the day of the walk-a-thon final event.

Praada Academy Walk-A-Thon

Our walk-a-thon is a fun and fit activity for students, with all participants striving to achieve their personal best distance. Students set realistic lap goals based on age and development. Drinks will be provided and awards given for exceptional participation.

Our goal is to help the fundraising committee raise at least \$5000 to fund . We hope that each family will participate in the sponsored walk to the best of its ability. If 50 families raises \$100, we will achieve our goal. Thank you very much for your participation!

Rules

1. Students may start collecting pledges as soon as they receive the pledge sheets. **Reminder: Pledge sheets and monies need to be turned in on the day of the bike/walk-a-thon.**
2. Pledges may be made by anyone. However, participants may not ask for pledges from any of the staff members of . **Each sponsor making a pledge should write their own name, pledge per mile and maximum pledge.** Students may collect the pledge in advance but must keep pledges until all are collected.
3. On the day of the final bike/walk-a-thon event, each class will bike/walk during a specified time. Each lap is approximately .25 mile. Each participant will be issued a "lap tag," which will be punched each time the student reaches the starting point, thereby keeping track of the number of laps completed. **[This section for one-day event bike/walk-a-thons. Alternately, students may be handed popsicle sticks or straws for laps completed, and tally at the end.]**
4. Upon completion of the bike/walk-a-thon, students will hand in their lap tags. A volunteer will record each student's lap total on their pledge sheet and return it. Students may then collect outstanding pledges.

Please return pledge sheets with the money to by Saturday October 27.

We look forward to all our participants having a great time! For questions or concerns or to volunteer, **contact Sirbrinna at or Sirbrinna@gmail.com**